



# atwork

## Aesthetic diary as a reflection tool in socially engaged arts

-> 7 Thesis

atwork  
a better future for all through creativity



Co-funded by the  
Erasmus+ Programme  
of the European Union



UNIARTS  
HELSINKI

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BILDUNGSINITIATIVEN e.V.



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## 7 theses on the aesthetic diary

**1. It starts with a question derived from a situation, a subjective interest.**

Engaging with the aesthetic diary is initiated by a specific question.

**2. Working on the aesthetic diary opens up a variety of possibilities of expression and design.**

Different material can be used, i.e. sketches, photos, notes, audio, video



**3. The method does not follow an additive procedure but functions similar to a network.**

Individual methods of processing experiences, impressions and reflections derived from the artistic process and group work are found while working on the aesthetic diary.

**4. The focus lies on subjective meaning – there are no specifications.**

The question established at the beginning not only initiates but also guides the process of creating the diary. Diversions and detours are welcome. The focus is on respective aspects that emerge during the discussion.



**5. Working on the diary is a process-oriented task – there is no predictable outcome**

The result takes the form of the diary, which develops freely throughout the process. Participants find their own language and artistic expression or notation.



**6. Working with the diary leads to new ways of knowing.**

Artistic and reflective approaches produce a network of subjective forms of cognition that can link up with scientific discourses. Theoretical explorations can complement and expand the subjective cognitive process, opening up new perspectives.

**7. The diary allows for the fusion of fact and fiction.**

The process of reflection condenses experiences and subjective truths, which are always snapshots in the space-time continuum.