



Aesthetic Diary
April 18th

A is a young female artist, has started her own business, she is married and has two kids.

Some acknowledgements A has done, while being engaged with painting the picture to express balance in her present life:

Balance in my life today / Motherhood. Art. Entrepreneurship.

I have always had a deep passion for painting. It has been a source of love and inspiration throughout my life. During my school days, I faced bullying due to certain health issues. Unfortunately, adults didn't provide much support. However, I was fortunate enough to join an art school around the same time, which became a safe haven. Art has always been my solace and has helped me navigate through life's challenges.

For me, art is an intrinsic part of who I am, something that can never be taken away. It allows me to disappear into a world of creativity and self-expression. It serves as my personal outlet for dealing with problems and overcoming obstacles. However, I also believe that art and creativity are meant to be shared with the world. There are moments when I feel a sense of tension and frustration when I haven't had the opportunity to create artwork for some time. It's during these times that I find it challenging to balance my role as a mother and my passion for art.

I've often pondered why there are relatively few famous female artists in history, and I believe that the responsibilities of raising children may play a role. As I learned from a National Geographic documentary of Picasso, for instance; he had many children, yet it did not hinder his dedication to art. Society has traditionally placed the burden of childcare on women, which has undoubtedly affected the ability of women to pursue their artistic ambitions fully. Nonetheless, I am confident that this narrative is gradually shifting, and more women are emerging as artists and mothers, defying the stereotypes.

Art, for me, is a powerful tool for finding balance in my life. It provides a space for self-discovery and allows me to harmonize my roles as a mother and an artist. It brings me immense joy and fulfillment, and I am grateful for the opportunity to nurture my creativity while cherishing my family. This journey of embracing motherhood while remaining true to my artistic self has been a beautiful and transformative experience, making me feel complete and content with having it all.

