

atwork

THE AESTHETIC DIARY

CREATIVE WORKSHOPS ON METHODS IN SOCIALLY ENGAGED ART



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THE AESTHETIC DIARY

CREATIVE WORKSHOPS

ON METHODS IN SOCIALLY ENGAGED ART
FROM THE PERSPECTIVE OF
HUMAN AND DEMOCRATIC VALUES

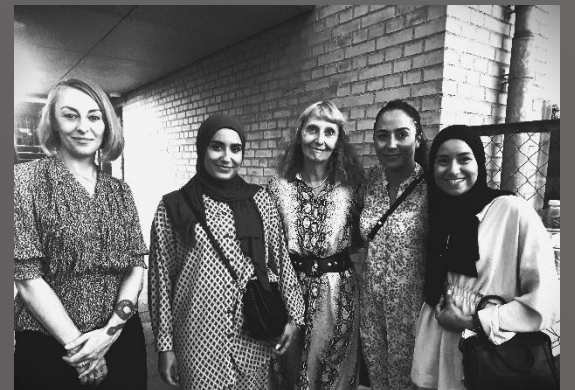


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3 days of creative workshops engaging young women who know each other from the same Muslim minority community. Women who are linked to each other through shared faith. But also women who are connected by virtue of their common status as well-educated, hardworking and actively contributing in a majority society that does not always appreciate their efforts.



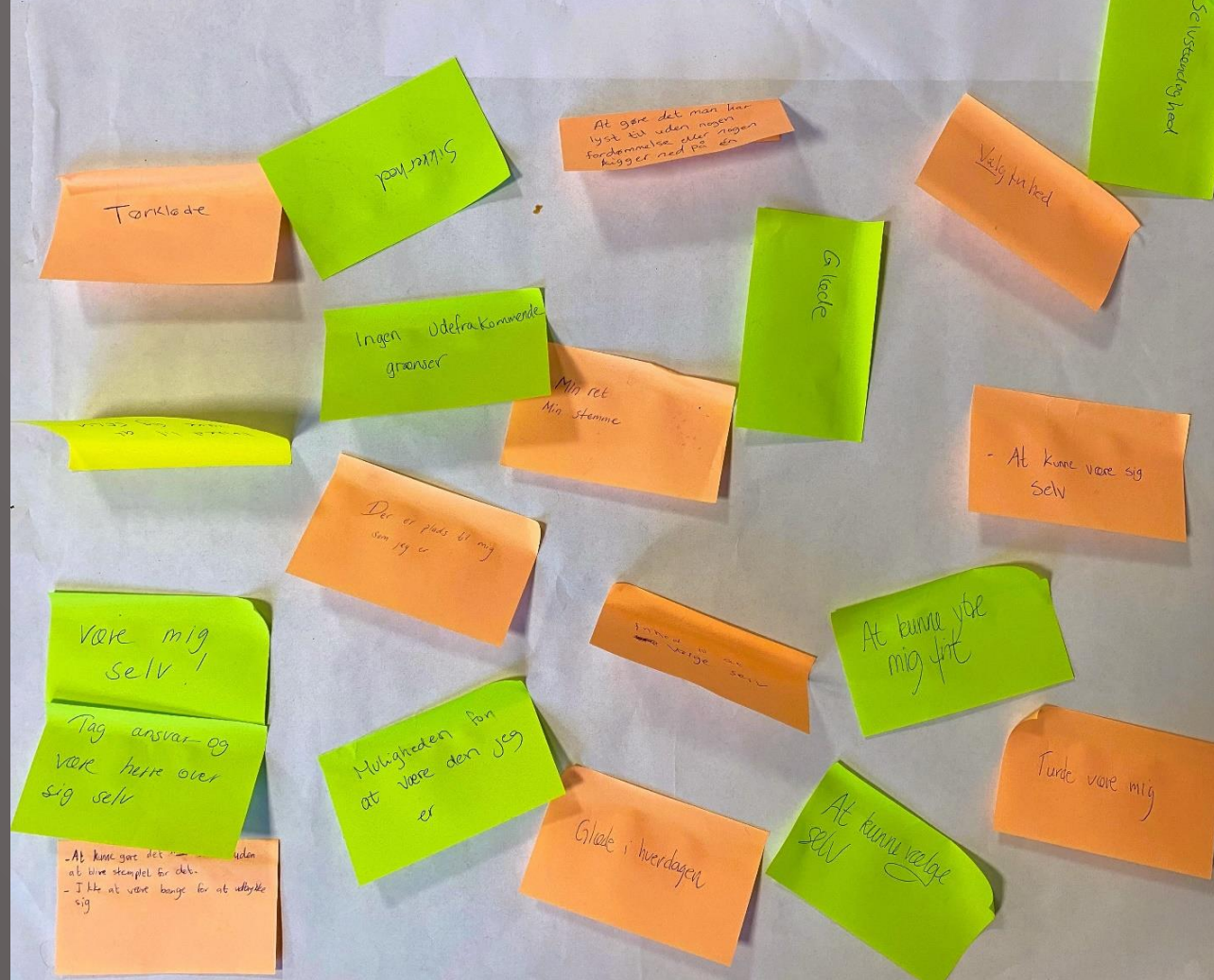
In the group, we are talking about thematizing the creative workshops, from the starting point of concepts that we all associate with humanistic and democratic values such as basic human rights, equal citizenship, equal opportunities and anti-discrimination, Rule of law and freedom.

The women very quickly agree that the concept of freedom is the most important issue to them. They want to focus on the concept of freedom. I might have thought in advance that the concept of active and equal citizenship would be given high priority. However, freedom is at the top of the list, and freedom will be our recurring theme in all our workshops.

REFLECTIVE EXERCISE

PLEASE, WRITE A SHORT AND PERSONAL SPEECH IN WHICH YOU TELL WHAT THOUGHTS AND FEELINGS THE CONCEPT OF FREEDOM AROUSES IN YOU, AND WHAT IT MEANS TO YOU...

FREEDOM IS A
FUNDAMENTAL
RIGHT AND VALUE.
WHAT IS FREEDOM
FOR YOU...

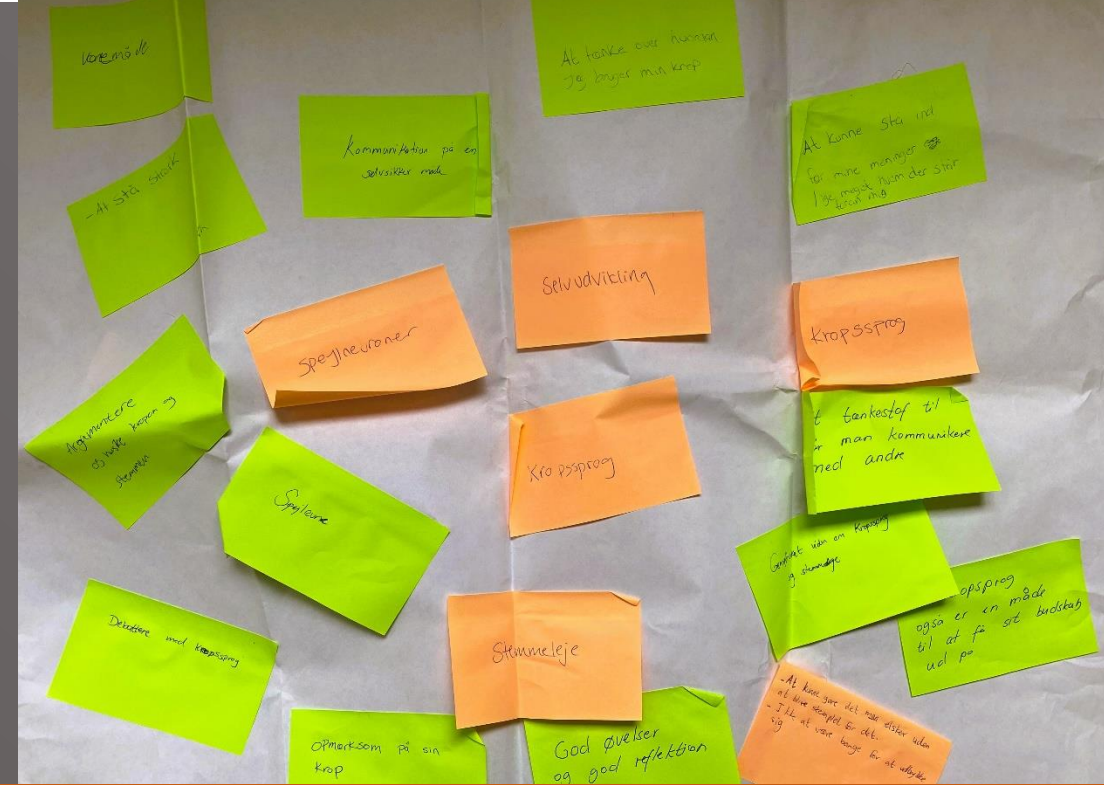


To take responsibility and be my own master... To have room for being myself... To be able to and dare to express myself freely... To be free from outside boundaries... Joy... To wear my scarf... To have freedom of choice... To dare to be myself... To have my rights and my voice... To be the person I am...



To take responsibility and be my own master...To have room for being myself...To be able to
and dare to express myself freely...To be free from outside boundaries...Joy...To wear my
scarf...To have freedom of choice...To dare to be myself...To have my rights and my voice...
To be the person I am...

FREEDOM SHOULD BE ANCHORED IN BOTH BODY AND MIND...



- To remember that body language is also a way to get your message out...
- To be aware of your body...
- To communicate in a self-confident manner...
- To be able to stand up for my opinions no matter who is standing in front of me...
- To be able to argue and remember the body and the voice...
- To be able to debate with body language...
- To reflect on how I use my body...
- To be able to do what you love to do - without being labeled for it...

self-development • mirror neurons • voice • attitude

THE CONCEPT OF FREEDOM...

- ✓ *Reflects all other values such as human rights, equal citizenship, equal opportunities, rule of law etc.*
- ✓ *Can be both equal to personal freedom, political rights to freedom and freedom in relations between people.*
- ✓ *Is for some people the same as democracy, for others the rule of law, for others again equality and equity, freedom of expression etc.*
- ✓ *Is both cognitive, emotionally and bodily/physically.*

UN'S UNIVERSAL DECLARATION OF HUMAN RIGHTS

The Universal Declaration
of Human Rights

illustrated by Michel Striech



“Everyone is entitled to all the rights and freedoms set forth in this Declaration, without distinction of any kind, such as race, colour, sex, language, religion, political or other opinion, national or social origin, property, birth or other status.”

“Furthermore, no distinction shall be made on the basis of the political, jurisdictional or international status of the country or territory to which a person belongs, whether it be independent, trust, non-self-governing or under any other limitation of sovereignty...””

(Article 2)

UN'S UNIVERSAL DECLARATION OF HUMAN RIGHTS

1. **Alle mennesker er født frie og lige.** Vi skal behandles lige og med samme værdighed.
2. **Alle har ret til menneskerettigheder uden forskelsbehandling.** Uanset hvem du er, hvor du er født, hvilket køn du har, og hvordan du ser ud, har du de samme rettigheder.
3. **Alle har ret til liv, frihed og sikkerhed.** Du er født fri og har ret til et liv i frihed, fri fra frygt.
4. **Ingen må gøre dig til slave.** Al slaveri og menneskehandel skal være forbudt. Mennesker er ikke en handelsvare.
5. **Ingen må torturere dig.** Og ingen må udsætte dig for grusom, umenneskelig behandling eller straf.
6. **Alle har ret til at blive anerkendt som en borger med rettigheder og pligter.**
7. **Alle er lige for loven.** Uden forskelsbehandling har alle ret til at blive beskyttet af loven.
8. **Alle må gå til en domstol.** Du har ret til en advokat og en fair erstatning, hvis dine rettigheder ikke bliver respekteret.
9. **Ingen må anholde eller tilbageholde dig vilkårligt.** Og ingen må vilkårligt udvise dig fra dit land.
10. **Alle har ret til en retfærdig rettergang.** Hvis du er anklaget for en forbrydelse, har du ret til en dødsfri behandling af din sag ved en uafhængig domstol.
11. **Alle er uskyldige, indtil det modsatte er bevist ved en retfærdig retssag.** Og du må kun blive dømt for noget, der var ulovligt, da du gjorde det.
12. **Alle har ret til et privatliv.** Ingen må vilkårligt lukke sig ind i dit hus eller åbne dine mails.
13. **Alle har ret til at rejse frit i sit land.** Du må også forlade dit land og vende tilbage, hvis du ønsker det.
14. **Alle har ret til et tilflugtssted.** Hvis du bliver forfulgt, har du ret til at blive beskyttet i et andet land.
15. **Alle har ret til en nationalitet.** Og ingen må tage den fra dig vilkårligt.
16. **Alle voksne har ret til at gifte sig og til at stifte familie.** Ingen må hverken tvinge dig til at blive gift eller forhindre dig i det.
17. **Alle har ret til at eje deres egne ting.** Ingen må tage din ejendom fra dig uden grund. De må heller ikke nægte dig at eje den.
18. **Alle har ret til at tænke, hvad de vil.** Du har ret til at have din egen overbevisning, og du er fri til at vælge og skifte religion.
19. **Alle har ret til at have sin egen mening og ytre den.** Du må tænke og sige, hvad du vil – og søge og udveksle information og ideer med andre.
20. **Alle har ret til at deltage i fredelige protester, møder og foreninger.** Og ingen er tvunget til at tilhøre en forening.
21. **Alle har ret til at deltage i styringen af deres eget land.** Du har ret til at vælge dine politikere og repræsentanter gennem retfærdige valg.
22. **Alle har ret til grundlæggende social og økonomisk tryghed.**
23. **Alle har ret til at arbejde.** Du har ret til en retfærdig betaling, gode og sikre arbejdsforhold og til at være medlem af en fagforening. Der skal være lige løn for lige arbejde.
24. **Alle har ret til fritid.** Du har ret til at holde fri og til at hvile.
25. **Alle har ret til livsnødvendige forhold.** Det er for eksempel mad, tøj, lægehjælp og et sted at bo.
26. **Alle har ret til at gå i skole.** Du har ret til grundlæggende uddannelse – og til at lære et erhverv eller et håndværk.
27. **Alle har lige ret til at deltage i kulturlivet.** Du har for eksempel ret til at dyrke sport og spille musik, og du har ret til at blive informeret om videnskabelige fremskridt.
28. **Alle lande skal bidrage til at gøre verden til et sted, hvor alle dine rettigheder og friheder kan blive ført ud i livet.**
29. **Alle skal respektere andres rettigheder.** Også dig. Og dine rettigheder kan kun begrænses, hvis det er for at beskytte en andens.
30. **Ingen må ødelægge eller tage dine rettigheder og friheder fra dig.** Hverken stat, grupper eller enkeltpersoner.

What is your
experience:

In which articles
does the concept of
freedom play a role
in the Declaration?

IN WHICH ARTICLES DOES FREEDOM PLAY A ROLE IN THE DECLARATION?

- *No one shall be subjected to arbitrary arrest, detention or exile....*
- *Everyon has the right to freedom of movement and residence within the borgers of each state. Everyone has the right to leave any country, including his own, and to return to his country...*
- *Everyone has the right to seek and to enjoy in other countries asylum from persecution...*
- *Everyone has the right to a nationality...*
- *Everyone has the rightht to freedom of thought, conscience and religion; this right includes freedom to change his religion or belief, and freedom, either alone or in community with others and in public or private, to manefest his religion or belief in teaching, practice, worship and observance...*
- *Everyone has the right to freedom of opinion and expression...*
- *Everyone has the right to take part in the government of his country, directly or through freely chosen representatives...*

FROM OUR EXPERIENCE, NOT ALL CITIZENS ENJOY THESE FREEDOMS

WHAT DOES RULE OF THE LAW MEAN TO YOU FROM THE PERSPECTIVE OF FREEDOM?

- ❑ All persons and organizations including the government are subject to and accountable to the law
- ❑ The law is known and accessible
- ❑ The judicial system is independent and resolves disputes in an open and impartial manner
- ❑ All persons are presumed innocent until proven guilty by a court of law
- ❑ All persons have the right to a fair and speedy trial
- ❑ No person should be arbitrarily arrested, imprisoned or deprived of their property
- ❑ Punishment is determined by a court and people can only be punished in accordance with the law.



**YOUNG PEOPLE FROM MINORITY COMMUNITIES ARE REGULARLY DETAINED BY
THE POLICE SOLELY ON THE BASIS OF THEIR APPEARANCE –
IS THAT “RULE OF THE LAW” ...**

WHAT DOES THE RIGHT TO VOTE ACTUALLY MEAN TO YOU FROM THE PERSPECTIVE OF FREEDOM?

RIGHT TO VOTE AND ELIGIBILITY TO THE DANISH PARLIAMENT

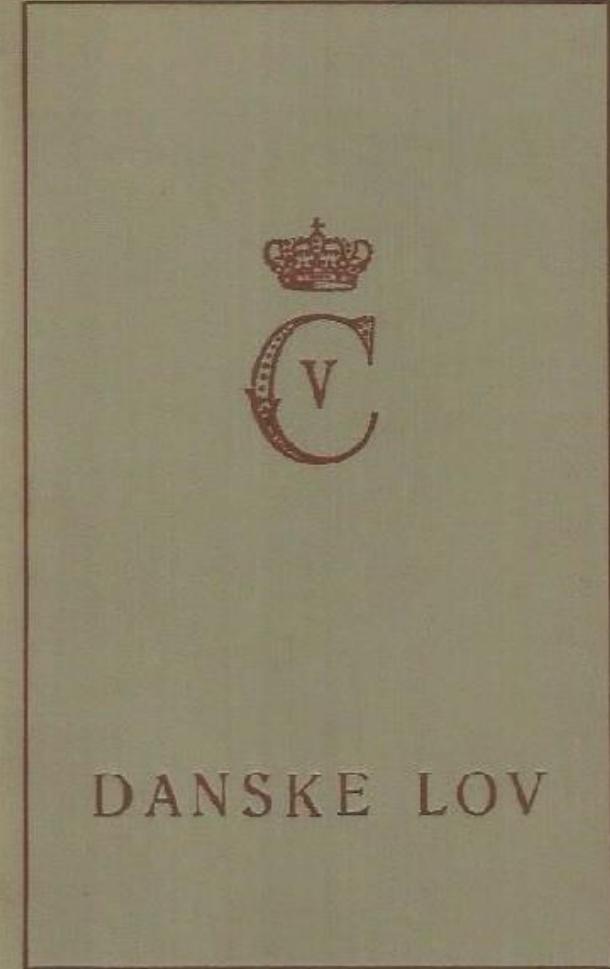
- You must be 18 years old,
- You must have Danish formal citizenship,
- You must have permanent residence in Denmark,
- You must not be declared incapable

RIGHT TO VOTE AND ELIGIBILITY TO DANISH MUNICIPALITIES AND REGIONS

- Be 18 years old and have permanent residence in the municipality/region

In addition, you must either:

- Be a Danish formal citizen
- Be a citizen of one of the other EU member states
- Be a citizen of Iceland or Norway or
- Have had a permanent residence in the Kingdom (i.e. Denmark, Greenland and the Faroe Islands) for the last 4 years (without interruption) prior to election day



**WE DO, ACTUALLY, HAVE FATHERS, RELATIVES AND FRIENDS WHO ARE NOT
ALLOWED TO VOTE AFTER MANY YEARS OF WORK AND RESIDENCE...**

YOUR CREATIVE DIARY – WHAT IS FREEDOM IN YOUR MIND AND HEART?

CREATE YOUR OWN ARTISTIC COLLAGE/PICTURE/EXPRESSION, INSPIRED BY YOUR WORK WITH THE CONCEPT OF FREEDOM – BUT FIRST AND FOREMOST INSPIRED BY WHAT COMES INTO YOUR MIND AND HEART AT THIS MOMENT OF REFLECTION. YOU MAY THINK ABOUT A TIME IN YOUR LIFE...

WHEN YOU FELT FREE – AND WHY YOU HAD THIS FEELING – AND WHY YOU HAD THIS FEELING...

WHEN YOU FELT PRESSURED AND PERHAPS AND OPPRESSED – AND WHY YOU HAD THIS FEELING...

WHEN YOU WERE ANOTHER PERSON AND



INVOLVED IN PRESSURING OR OPPRESSING WHAT FEELINGS THIS GAVE RISE TO...

Et nyt kapitel er begyndt

EVENTYR

ÅBEN FOR MULIGHEDER

overfor spændende
udfordringer



Familien's
Kjæreste



Må vi gøre os
frit?



KLAR TIL EN HELT
NY START



Genert

At vokse

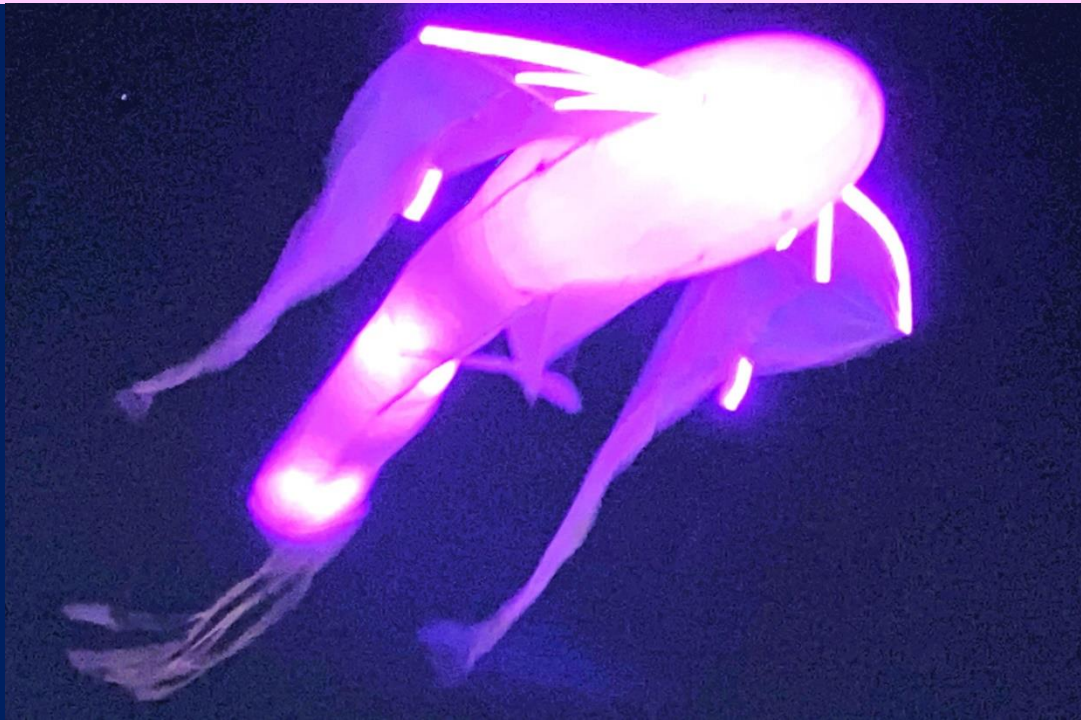
I am the
youngest in our
family
- the little sister
who used to be shy
and protected.

But I am growing
up...

Finally I dare to recognize myself as the...

THE PINK LADY

...flying towards my dreams and high hopes...



MAN er SOM MAN er

Jeg er toppen der...

I LIKE EVERYDAY -

MOST OF ALL I LIKE EVERYDAY



CREATE A LIFE YOU DON'T NEED TO TAKE HOLIDAYS FROM

They say there are so many paths we can choose - but sometimes foreignness slows down the free will and choice...



They say it is important to be solution-oriented.


But can that be at the expense of yourself...



Healthy
Food and
Healthy
Living

YOUR CREATIVE DIARY – WHAT IS FREEDOM IN YOUR MIND AND HEART?

I see they hesitate. Just a slight hesitation along with the polite and accommodating nod. The message appears in the body language – this task is unknown land. However, we will, of course, get down to business and see what it brings...



Soon silence and calmness has settled like a protective membrane over the room and the deep concentration. Soon I only hear the sounds of flipping through magazines, scissors in glossy paper, bodies and eyes bent over images that may illustrate and represent an everyday life, a choice, an uncertainty, a fear, a thought, a feeling: here I am, as I am – do you see me...

YOUR CREATIVE DIARY – IN PROCESS

Koncentration
Immersion
Reflection



Evaluation
& Mutual
Recognition





**YOUR CREATIVE DAIRY –
PROCESSED AND FORWARDED
THROUGH WORDS, BODY
AND MOVEMENT**

**A CREATIVE DAIRY
PROMOTING
A PEER PROCESS**





**WE MET THE HEART
OF ENGAGEMENT
AND COMMITMENT**



ARTWORKING

atwork

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