



atwork

Aesthetic diary as a reflection
tool in socially engaged arts

-> Working process

atwork
a better future for all through creativity



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Aesthetic diary procedure/process description – 4 phases

1: Introductory workshop

What is an aesthetic diary?

- > artistic project
- > arriving at an initiating question

2: Artistic process – group work and process

- > collecting material and experiences

3: Work process: diary

- > finding a form
- > working on the diary and reflecting on the question.

4: Final workshop presenting the diary and collective reflection/ exchange



An abstract painting featuring bold, expressive brushstrokes in red, green, and black. The composition is layered, with a dark, irregular shape in the lower left foreground. The background consists of textured washes of red and green, suggesting an interior space or a landscape. The overall style is gestural and expressive.


Phase 1: Introductory workshop / 1.5-3 hours

Goals:

- Participants understand the meaning of aesthetic experience
- Participants are introduced to working with an aesthetic diary
- Participants formulate a guiding question

Procedure:

- What is aesthetic experience? (stances, definitions) – cf. materials
- What is an aesthetic diary? (examples/possibilities, ideas) – cf. materials
- Starting point: artistic project (group process), participants present a rough sketch of their project in the workshop
- The design of the diary follows a specific question. Participants formulate their questions during the workshop.



Phase 2: Artistic process with the group:
collectng materials, notes, impressions...

Phase 3: Individual design process
(diary): finding a form and processing
the question



Phase 4: Final workshop / approx. 1.5 hours

Goals:

- Exchange and group reflection on the insights in working with the aesthetic diary

Procedure

- Presenting the diaries (structure, elements, materials, design process) – cf. guiding questions)
- Discussion of different aspects – cf. guiding questions



Final workshop:

Questions on FORM

- What form has the diary taken on?
- Which kinds of material were used and why?
- Which forms of expression were used? (fonts and characters, systems of writing, symbols, colours etc.)



Final workshop

INSIGHTS:

Reflection on moments of the artistic process based on specific examples:

- What was the guiding question for designing the diary?
- What are the insights?
- Are there specific aspects of special interest?