## Let's talk about health

## Conversation cards

Have you ever been ill? What was wrong with you? When was the last time you went to the doctor/dentist/hospital? Why did you go? How often do you have a medical checkup?

Is a doctor's visit or a stay in hospital expensive?

Discuss.

Does your country have good medical healthcare? Explain.

How is your health? What health problems do you worry about the most?

What do you do to keep fit and healthy?
Compare with others.

Have you ever stopped doing something for your health? Talk about it.

What diseases kill the most people worldwide?

Do research and discuss.

Are you afraid of needles?

Have you had any vaccines?

What sports can be damaging to your health? In what way? In your opinion, what are the healthiest sports?

What are the main causes of death?

Are they the same for younger and older people? Brainstorm.

What are the worst jobs for your health?
What about the best ones?

Is being a doctor or nurse a good job? Would you like to do this job? Why or why not?

What is the average life expectancy in your country? Is it the same for men and women?

How is your mental health?

Brainstorm in group.

How can the environment be damaging to someone's health? Explain.

ZEP

Zugang zu höherer Bildung & Entwicklung von Perspektiven











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